

NHS England and Improvement Learning Disability and Autism Programme Admission Avoidance – working with the NNPCF

NNPCF and Contact webinar presented by:
Kath Bromfield, Amanda Elliot, Phil Brayshaw, Mary Busk & Carrie Sykes

October 2020



Welcome!

Welcome to this NNPCF webinar in collaboration with Contact and NHS England and Improvement.

If there is a technical hitch, please do bear with us.

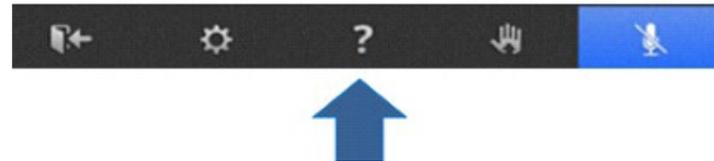
Those of you joining by pc, laptop, tablet or smart phone should now be able to see this introduction slide.



Timing & Questions

As there are so many attendees, it is not practical for verbal questions to be taken, therefore you will all remain 'muted' throughout

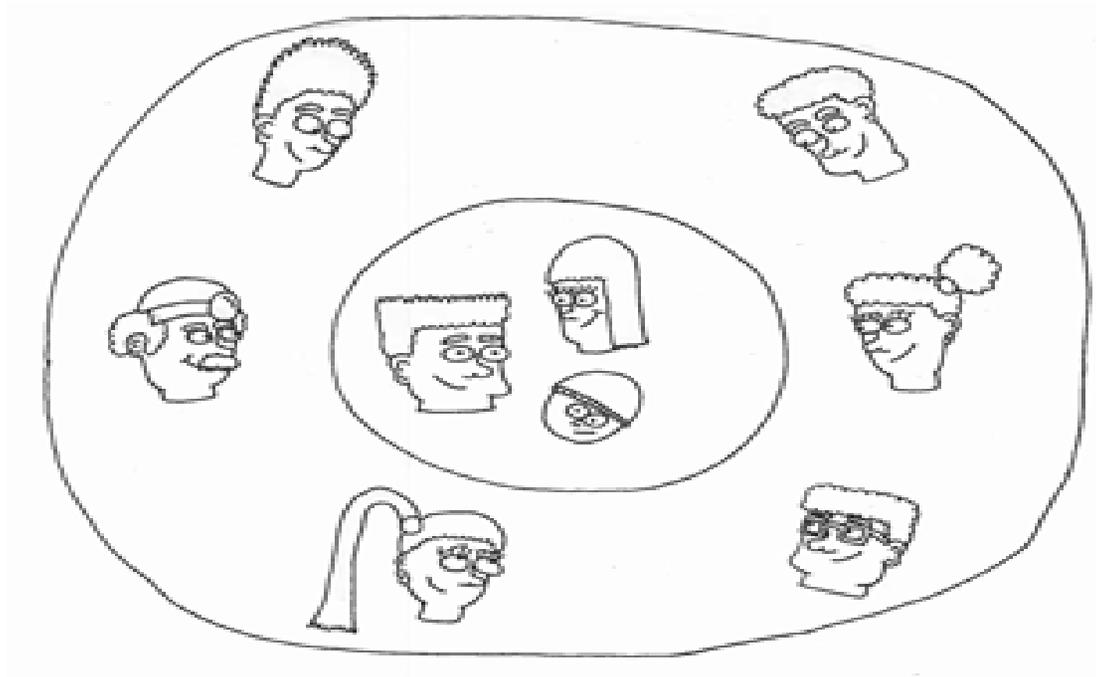
If at any point you have questions, please use the question mark icon on your GoToWebinar tool bar on your screen



This will allow you to type your question in to the text box and submit this to the Webinar administrator/presenter

As many relevant questions as possible will be answered as time allows





Avoiding (mental health) hospital admissions of autistic and/or learning-disabled children and young people (up to age 18)

NHS England and NHS Improvement

June 2020



Who is on the webinar today

Kath Bromfield NNPCF North West Steering Group Member

Amanda Elliot Strategic Health Lead, Contact

Phil Brayshaw – Admission Avoidance and Commissioning Lead

Mary Busk – Senior Family Care Advisor

Carrie Sykes – Health Inequalities and Health Improvement Lead

Children and Young People Team, Learning Disability and Autism Programme



Agenda

- NHS Long Term Plan commitments
 - Building the Right Support recap
 - Commitment to stronger community services
 - What do the words mean?
 - Coproduction
- Impact of COVID -19
 - On families and children
 - Phase 3 recovery planning
 - Admission Avoidance response
- Dynamic Support Systems and Registers
- Care (Education) and Treatment Review
- Other support available
 - NHS Mental Health Helplines
 - Volunteer Responders
- Role of NNPCF and Parent Carer Forums – **we need your help!**
- Questions



The NHS Long Term Plan



**A stronger national,
regional and local
focus on autistic
children and young
people, those with a
learning disability
and their families**

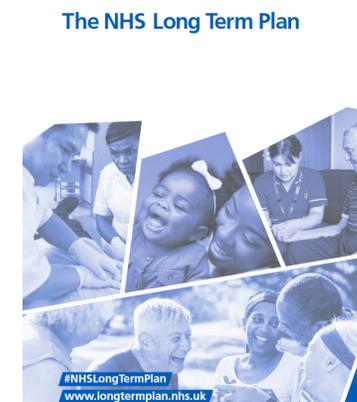
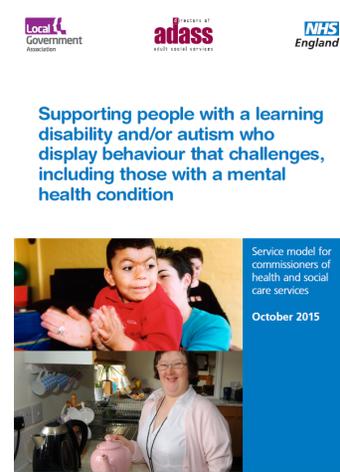
26 February 2020

Webinar

Building the Right Support (Transforming Care)



- By March 2023/24, inpatient provision will have reduced to less than half of 2015 levels...For children and young people, no more than **12 to 15** children with a learning disability, autism or both **per million**, will be an inpatient.
- All areas of the country will implement a '12-point discharge plan' to ensure discharges are timely and effective.
- Finding the right housing and support solutions are key.
- We will continue to work with partners to develop specialist community teams for children and young people, such as the Ealing Model, which has evidenced that an intensive support approach prevents children being admitted into institutional care

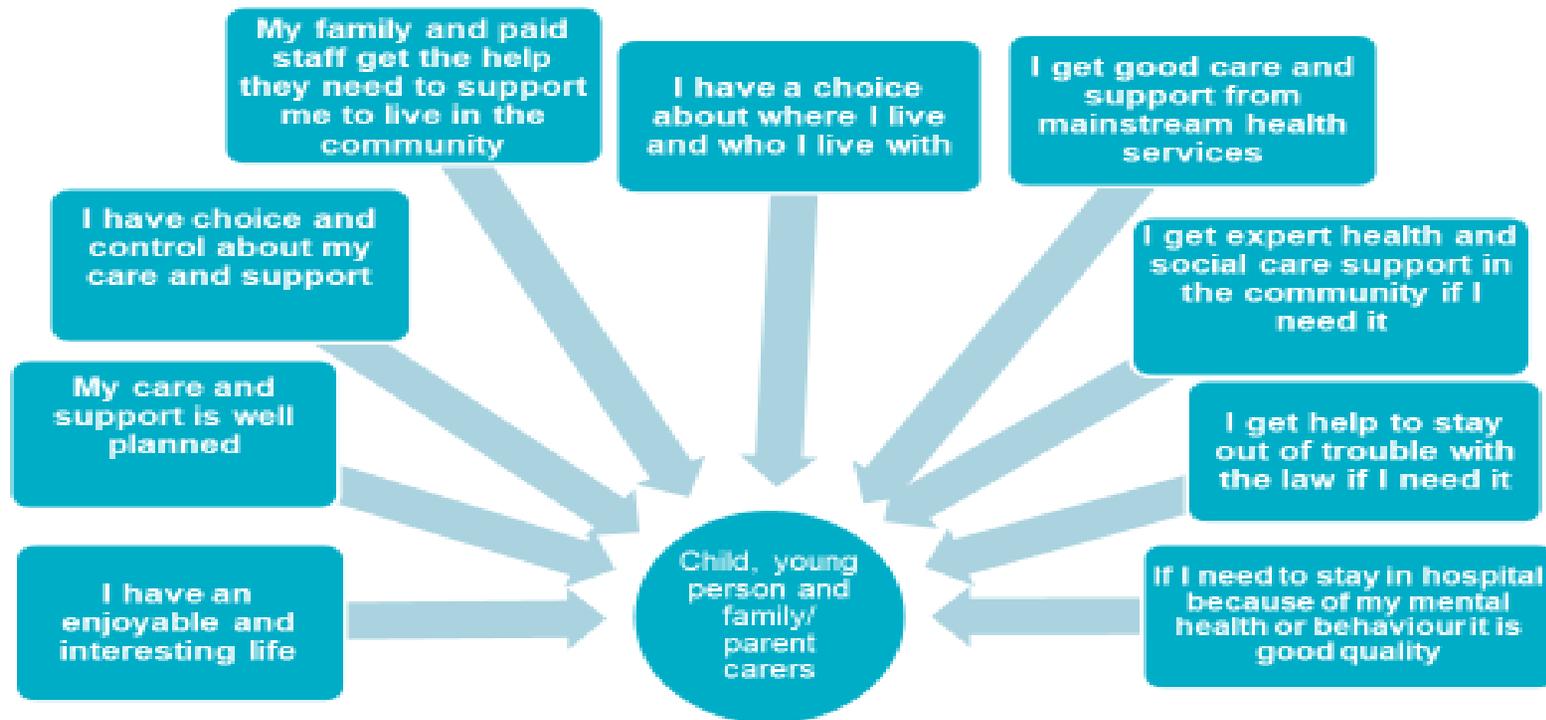


National guidance – this is what good looks like in enabling out of hospital care including Care Education and Treatment Reviews (CETRS) and Dynamic Support Registers

Building the right support: Person and family centred policy



The 9 principles of the service model



NHS Long Term Plan commitments to community services (summary)

- Reduce avoidable admissions to mental health settings, enable shorter lengths of stay and end out of area placements
- Increase investment in intensive, crisis and forensic (criminal justice system) support
- Improve quality of inpatient care and discharge planning

<https://www.longtermplan.nhs.uk/wp-content/uploads/2019/08/nhs-long-term-plan-version-1.2.pdf>

NHS Long Term Plan Commitments – importance of community services and avoiding admissions to mental health inpatient settings (actual words)



‘Children, young people and adults with a learning disability, autism or both, with the most complex needs, have the same rights to live fulfilling lives...To move more care to the community, we will support local systems to take greater control over how budgets are managed...Where possible, people with a learning disability, autism or both will be enabled to have **a personal health budget (PHBs)**. By March 2023/24, inpatient provision will have reduced to less than half of 2015 levels...For children and young people, no more than 12 to 15 children with a learning disability, autism or both per million, will be cared for in an inpatient facility.’

‘**Increased investment in intensive, crisis and forensic community support** will also enable more people to receive personalised care in the community, closer to home, and reduce preventable admissions to inpatient services. Every local health system will be expected to use some of this growing community health services investment to have a seven-day specialist multidisciplinary service and crisis care. We will continue to work with partners to develop specialist community teams for children and young people, such as the Ealing Model, which has evidenced that an intensive support approach prevents children being admitted into institutional care.’

What do some of those words mean?

- **Intensive** – right amount of help when you need it to help get things back on track
- **Crisis** – things are getting harder and it feels difficult to cope, it feels like breaking point
- **Forensic** – related to people who come into contact with the criminal justice system
- **Community Support** – in communities where children and families live, not far away or out of area

NHS Long Term Plan commitments - co-production

- Services for children and young people

“Establish local leadership – including named clinical and management leaders, coproduction with children, young people, families and carers and bringing together local leaders from across the NHS, local government, education and other partners to design and deliver transformation of the system.” (Para 5.5, Implementation Framework)

- Learning Disability and Autism

“Systems should involve people with lived experience and their families in checking the quality of care, support and treatment and set out how they will ensure that all local services make reasonable adjustments...” (para 5.9, Implementation Framework)

<https://www.longtermplan.nhs.uk/implementation-framework/>

Impact of Covid 19

- Children and young people with learning disabilities, autism or both and their families have experienced multi-layered impacts – in terms education, health and care needs
- Some key NHS staff were redeployed to respond to the front line challenges
- Access to specialist learning disability, mental health support and therapy services is disrupted

COVID 19 - Phase 3 Recovery Planning

- Continuing to work towards our commitments in the Long-Term plan to commission and deliver high quality support and services for children and young people with learning disabilities, autism or both
- Working on interim measures to avoid a potential surge or increase in admissions of children and young people with a learning disability, autism or both in inpatient mental health settings



COVID 19 Admission Avoidance Response

- Ensuring commissioners and providers of NHS services increase vigilance around CYP with learning disability, autism or both (up to 18)
- Issued guidance around NHS staff especially those working in key services and supporting children with Education, Health and Care Plans
- Strengthen Dynamic Support Processes and Dynamic Support Registers- DSRs (sometimes known as *At Risk of Admission Registers*)
- Emphasise the need for Care Education and Treatment Reviews (CETRs) especially in the community to avoid admission
- Advice given to regional leads with these asks and further support to each region to support Admission Avoidance



Dynamic Support Systems and Registers



- A way to understand the local population of children and young people – held by CCG or Local Authority
- Key to reducing reliance on inpatient care for children, young people and adults with a learning disability, autism or both
- Should as a minimum:
 - include children and young people with learning disability, autism or both at risk of admission,
 - identify those children and young people with learning disability, autism or both likely to become at risk of admission
 - Ensure that children and young people receive a Community Care, Education and Treatment Review (CETR) before any admission
- The register can be developed to link a full range of support and services

Care, Education and Treatment Reviews

- A Care, Education & Treatment Review (CETR) is a meeting about a child or young person who has a learning disability, autism or both and who is either at-risk of being admitted to, or is currently an in-patient in a specialist mental health or learning disability hospital.
- The aim of a CETR is to avoid admission wherever possible, or to plan a discharge from hospital.
- Have been operating virtually during COVID-19
- Community CETR's have always been a vital part of the local response to Admission Avoidance, now more than ever

What other support is available?

NHS England and NHS Improvement



NHS Urgent Mental Health Helplines

NHS urgent mental health helplines are for people of all ages. They offer:

- 24-hour advice and support – for you, your child, your parent or someone you care for
- help to speak to a mental health professional
- an assessment to help decide on the best course of care

[Find a local NHS urgent mental health helpline](#)





NHS Volunteer Responders

Set up by NHS England and NHS Improvement, working with Royal Voluntary Service and the GoodSAM app

Volunteers help people:

- avoid busy places by collecting their shopping, medicines and other important items
- have regular contact with other people by making regular friendly phone calls
- get to medical appointments by giving lifts

Help anyone who lives in England and who needs to self-isolate for any reason, or who choose to stay at home as much as possible because they are cautious about going out during the COVID-19 outbreak.

To arrange support for yourself or someone you know call [0808 196 3646](tel:08081963646) (8am to 8pm, 7 days a week).

NHS England and NHS Improvement





Role of NNPCF and
Parent carer Forums
going forwards

A national offer and a
regional ask

Role of NNPCF and Parent Carer Forums going forward

- Role as strategic coproduction partner important to ensure
 - Local areas coproduce policies and solutions with families
 - Families know how to get help and support
 - There is transparency and information is available on the Local Offer

Admission Avoidance – NNPCF regional proposals invited

- NHS England and Improvement is inviting NNPCF regions to submit a proposal for up to £5,000 for how they can support admission avoidance. This is to support the work of the CYP Team in the Learning Disability and Autism Programme.
- This covers the period up to the end of March 2021.
- The proposals need to come from NHS England and Improvement regions. These are: South East, Midlands, East of England, South West, London, North East & Yorkshire and North West.
- Note that the NHSE/I regions (7) are not the same as the NNPCF regions (9) and so some NNPCF regions will need to work together to submit a proposal



These proposals need to set out:

How, working within your regions and through local Forums, your work can help avoidance of admissions into inpatient mental health (or other institutional settings) of CYP through things such as:

- Understanding the role of the Dynamic Support Register and how families can access them
- Ensuring Care Education and Treatment Reviews are well understood, and families know how to ask for them
- Knowing where to go to get pre-crisis support
- Highlighting themes and issues that lead to crisis for families and advising on how to avoid crises
- Helping to identify gaps in provision that lead families to crisis point and supporting the development of services to meet these needs
- Understanding and ensuring the needs of children, young people and families from all backgrounds (including race) are considered

The amount of funding requested (up to £5k per region) and how it will be spent to support admission avoidance (with details of activities/events planned).



Timescale:

<ul style="list-style-type: none"> Bid documents / templates issued 	<ul style="list-style-type: none"> 22 October 2020
<ul style="list-style-type: none"> Closing date for bids to be sent to England.cyplearningdisabilityandautism@nhs.net 	<ul style="list-style-type: none"> 30 November 2020
<ul style="list-style-type: none"> Evaluation of bids 	<ul style="list-style-type: none"> 2 December 2020
<ul style="list-style-type: none"> Preferred bidder notified 	<ul style="list-style-type: none"> 3 December 2020
<ul style="list-style-type: none"> Delivery commences 	<ul style="list-style-type: none"> 7 December 2020
<ul style="list-style-type: none"> Interim reviews with and feedback from NNPCF regional leads by CYP team Senior Family Carer Adviser 	<ul style="list-style-type: none"> January, February, March 2021
<ul style="list-style-type: none"> Delivery ends 	<ul style="list-style-type: none"> 31 March 2021
<p>Reports from each NNPCF region of the learning, deliverables and spend and any recommendations from this for policy or for further work in 2021/22. This should be submitted to England.cyplearningdisabilityandautism@nhs.net</p>	<ul style="list-style-type: none"> end of April 2021



Help for forums applying for Admissions Avoidance funding

We know this is a tight timescale so, If you need support with your funding application, please feel free to get in touch with me, Amanda Elliot, Contact's Strategic Health Lead.

My role includes supporting forums, including regional forums, to engage and coproduce with health services. I am happy to attend any meetings to discuss bids, answer questions and look over draft applications.

How to Contact me:

Amanda.Elliot@Contact.org.uk

07941964590

Please note I am part-time and usually work Mondays, Tuesdays and Wednesdays





CYP regional strategic leads

Region	Name	Email
London	Matthew Henshaw	england.wvlondon@nhs.net
South West	Graham Carr	graham.carr@nhs.net
South East	Cindy Mukombegumi Alison Leather (interim)	c.mukombegumi@nhs.net Alison.leather4@nhs.net
North	Kelly Taylor	Kelly.taylor8@nhs.net
North	Siobhan Gorry	Siobhan.gorry@nhs.net
East of England	Hannah Mann	Hannah.mann4@nhs.net
Midlands	Tonita Whittier	Tonita.whittier@nhs.net

Questions?



Thank you!

Thank you for attending with us today.

A short questionnaire will launch at the end of this webinar.

Please take the time to complete this as it will help us plan future events.

The recording of this webinar and presentation will be available on Contact's website in the next two weeks. Look out for news about this on our homepage and social media networks.

